

The Path to Self Leadership

Step 1. Entering the stream. Letting go of Ignorance and poor motive. Free from Ego.

- Beyond Anger
- Beyond Greed
- Beyond Hatred

Step 2. Awareness. Becoming aware of those things that support and challenge our Truth.

- Mindful of Body
- Mindful of Feelings
- Mindful of Mind
- Mindful of objects

Step 3. Effort. Focussing life on goodness.

- Doing the right thing
- Fixing and preventing doing the wrong thing
- Be aware of causing the right thing
- Sustaining and holding the right space

Step 4. Success. Creating an Outcome

- Diligence
- Energy
- Awareness (focus)
- Penetration