

## The Path to Leadership continued

### Step 5. Powers. Faculties, Capacities and Abilities in higher realms

- Confidence
- Energy
- Stability - emotional and mental
- Concentration - emotional and mental
- True Understanding

### Step 6. Awakening.

- Full attention
- The Universal Laws - Cause and Effect
- Energy
- Joy
- Ease
- Concentration
- Letting go

### Step 7. Humility. We return to the beginning.

- Loving Kindness - Give joy and happiness to others.
- Joyfulness - Happiness for ourselves and others that causes no harm.
- Equanimity - Give and act unconditionally
- Compassion - Remove suffering from others